

Facilities: Our beautiful facility was designed to feel like home. Maypole Manor is a 500 year old farm house building with electric controlled gates to provide our service users with a safe environment.



We are a state of the art day opportunities centre with wheelchair access.

The service users will be involved in a large range of activities and the choices will be from: just sitting quietly reading a book in one of our sun-filled rooms or outside on the sundecks. For the more energetic, the Nintendo Wii with all its sports activities.

All our staff are waiting to make your day, filled with activities of your choice; laughter is the best medication there is, so come and explore the fun with us here at MAYPOLE MANOR.

Contact: Hazel Parkes 01708 723820



Maypole Manor Day Opportunities





Welcome to MAYPOLE MANOR our day opportunities centre. Aging happens to all, but for you, at our centre we hope to be positive in making each day a new and interesting day. Our day opportunities centre is a nationally recognised adult day centre providing a closely supervised day time home from home centre for adults whose independence has lessened due to illness, disability or just age.

Open 9am to 5pm

Maypole Manor, Collier Row Essex RM5 2BH

List of activities are:

- Bingo
- Film days
- Crafts
- Keep fit with physiotherapy
- Reminiscence sessions
- Gardening
- General knowledge
- Basic internet lessons
- Outings dancing sessions
- Outings
- Nintendo wii
(For all activities i.e. snooker golf tennis)
- Swimming (in the summer months)

Transport: We operate a transportation system throughout the county that brings you back home with specially trained drivers.



Meals: Every day we will be providing a nutritious meal and desert, cooked on the premises. At affordable prices. Snacks, tea/coffee will available throughout the day.